

President Visits Stroke Support Station



6 June 2017 - President Tony Tan visited Stroke Support Station (S3) today as part of his tour of the Enabling Village - which recently received the "2016 Design of the Year Award" during the President's Design Award for its demonstration to heartland rejuvenation and community building.

Dr Tan observed our members as they went about their R.E.A.L programme. He also spoke to Stroke Survivors, Caregivers and Volunteers during his visit - "I had my stroke about a year ago and I have improved. I can now walk without a walking stick. I now go to the gym and I continue to improve," said stroke survivor, Mr Liew Teck Chye. Mr Liew attends sessions at S3 at least three times a week and is the assistant trainer during seated Tai Chi.

"I was angry and frustrated when I had my stroke. I found S3, who gave me a place where I do a lot of activities, make new friends and I am very happy" said Mr Yeo Soon Liak another stroke survivor who had a stroke about two years ago. With the support from fellow stroke survivors, volunteers and his wife, Mr Yeo has learnt to overcome his anger.

Both Mr Liew and Mr Yeo are now our volunteers. They speak to new stroke survivors - explaining to them the importance of seeking rehabilitation early and how S3 can help them in their post-stroke recovery.

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S3: Re-learn & Enjoy Active Living

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About Stroke Support Station (S3)

Stroke Support Station (S3) is Singapore's first dedicated wellness centre to meet the gap in post-stroke care of stroke survivors and their caregivers, by offering a unique platform for consistent stroke support, education & training.

S3's unique framework is grounded in the practice of R.E.A.L (Re-learn & Enjoy Active Living) that fosters a conducive environment for all stakeholders involved in the stroke recovery journey in an inclusive environment within the Enabling Village at Redhill.

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S3 is a Company Limited by Guarantee (UEN: 201503222G) and a registered charity with an Institute of Public Character (IPC) status.