

ANNUAL  
REPORT | 2016/17

Stroke Support Station Ltd.  
Enabling Village, 20 Lengkok Bahru  
The Playground, #01-04/05, Singapore 159053  
[www.S3.org.sg](http://www.S3.org.sg)





S3 STROKE SURVIVORS, CAREGIVERS, VOLUNTEERS AND STAFF ON A DAY TRIP TO BOTANIC GARDENS

*“Every Stroke Recovery Journey  
Starts with a first step.”*

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## Vision, Mission and Values

### VISION

Stroke Support Station (S3) aims to be the primary reference organisation for stroke survivors, their caregivers, volunteers, professionals and the public by providing innovative programmes, support services, education and training.

### MISSION

S3 helps stroke survivors to Re-learn and Enjoy Active Living (REAL) for a better quality of life through a wellness programme with social-emotional support that rebuilds confidence and independence. S3 fosters mental resilience in stroke survivors and their caregivers, resulting in social-connectedness among stroke survivors, caregivers, family members and volunteers

### VALUES

S3 add value to their lives in the following ways:

*Caring with compassion*

We deliver quality Care through

*Compassion, Communication,  
Competence and Commitment.*

Stroke survivors and their caregivers will find us welcoming, sincere, kind, respectful, proactive and helpful in meeting their individual needs with empathy and compassion; Volunteers will find us supportive, encouraging and motivating in assisting them to help stroke survivors and their caregivers, and in pursuing their growth and development; The community at large will find us proactive in supporting those who support stroke survivors and their caregivers, whether they be individuals or organisations.

## Chairman's Message

Dear S3 Stakeholders, Volunteers and Friends,

Stroke Support Station Ltd (S3) had an eventful year since the first stroke survivor and caregiver joined S3 Wellness Centre in January 2016.

The S3 journey started when we realised that there was a need for community support to meet the gaps in the post-stroke care for stroke survivors and their caregivers, as they transition from discharge from the community hospitals to their homes.

S3 built the **R.E.A.L** (Re-learn & Enjoy Active Living) wellness framework to provide community support to help improve members' well-being including meeting their physical health, mental and socio-emotional needs in an inclusive environment in Enabling Village.

Highlights for the year were:

### Opening Ceremony of Wellness Centre

Mr Gan Kim Yong, Minister for Health officially opened the first-of-its-kind dedicated wellness centre in Singapore for stroke survivors on 17 May 2016. A Memorandum-of-Understanding was signed with National University Hospital (NUH) and the National University Health System (NUHS) then. This unique partnership between the western healthcare cluster and S3 - a charitable community outreach organisation - augurs well for the future of bringing the community to care for each other. Supported by medical professionals in the development of new post-stroke approaches in the area of brain and cognition rehabilitation as well as evidence-based research approaches in the use of technology specific to stroke ambulation. S3 services are volunteer-led and supported by health professionals and allied health workers.

### Charity Gala Dinner

The inaugural Charity Dinner was held on 15 October 2016 at Marina Bay Sands. More than \$1 million was raised to support stroke survivors and their caregivers in their post-stroke community care at subsidised rates. The Charity Gala Dinner was organised by MW Medical Investment Holding Pte Ltd, who were kind to mobilise their staff and volunteers to help in the event.

### Stroke Awareness Public Forum and Campaign

Held in conjunction with World Stroke Day, S3 organised our inaugural Stroke Awareness Public Forum on 29 October to strengthen public understanding of the signs of stroke, highlight that stroke is a medical emergency and emphasise that timely action is key to preventing serious complications.



We partnered with People's Association and NTUC FairPrice to launch S3's Act F.A.S.T Campaign. The campaign tapped on traditional media channels, social media and printed posters to increase the awareness and knowledge of stroke to encourage timely action.

On behalf of the Board of Directors, I would like to express our deepest appreciation to our donors who donated so generously, volunteers who selflessly gave their time to the members and caregivers, partners working together to achieve our common mission and to our staff who worked tirelessly to make S3 operational to impact lives positively and played a significant role in establishing S3 to what it is today.

Yours sincerely,

*Chew Poh Yim*

Chairman of S3



CELEBRATING BIRTHDAY OF A STROKE  
SURVIVOR AT S3 WELLNESS CENTRE

***“Stroke should not be a barrier to a person's  
pursuit of a better quality of life and happiness”  
- Mrs Teo Poh Yim***

## Organisation Information

Type of Entity:	Company Limited by Guarantee
Unique Entity Number (UEN):	201503222G
Date of Establishment:	02 Feb 2015
Sector Administrator:	Ministry of Health
Charity Status:	Registered
Date of Registration:	11 Mar 2015
IPC Status:	From 15/06/16 to 14/06/19
National Council of Social Service (NCSS) Membership:	Full Member
Date of Registration:	1 Jun 2015
Registered Address:	1 Marina Boulevard, #28-00, One Marina Boulevard, Singapore 018989
Operating Address:	Enabling Village, 20 Lengkok Bahru, #01-04 Playground, Singapore 159053
Tel:	64733500
Banker:	DBS Bank Ltd  Overseas Bank Limited
Auditor:	Precursor Assurance PAC



## Board of Directors

Ms Chew Poh Yim	Director, Chairman
Radm (Ret) Kwek Siew Jin	Director, Deputy Chairman
Mr Max Loh Khum Whai	Director, Treasurer
Mr Chew Teck Soon	Director
Dr Tan Hwee Pink	Director
Ms Low Suat Kheam	Director
Dr Kelvin Phua Cheng Pau	Director
Ms Foo Sew Yen (Janet Chong)	Director
Mr Yap Wai Ming	Director

## Board Committees

### Audit Committee

Mr Chew Teck Soon (Chairman)  
Ms Lim Yong Wah Nee Lee Dorcas  
Mr Yap Wai Ming

### Finance Committee

Mr Max Loh (Chairman)  
Mr Chan Yoke Kai  
Mr Steven Iwi

### Fund-Raising Committee

Radm(Ret) Kwek Siew Jin (Chairman)  
Mr Chan Yoke Kai  
Mrs Janet Yeo  
Ms Foo Sew Yen (Janet Chong)

### Human Resource Committee

Ms Low Suat Kheam (Chairman)  
Mr Ling Ping Chih, Leonard  
Ms Melanie Chan

### Programmes and Services Committee

Dr Kelvin Phua (Chairman)  
Ms Carolina Edna Png (Physiotherapist)  
Mrs Zubaida Yusof (Occupational Therapist)

### Technology and Innovation Committee

Dr Tan Hwee Pink (Chairman)  
Mr Liang Huiguang  
Mr Lim Yun Cai  
Ms Tan Hwee Xian  
Mr Valera Alvin Cerdana

## S3 Staff

Mr Donovan Lo, Centre Director  
Mr Zechariah Yeo, Programme and Volunteer Manager  
Ms Sally Loke, Admin & HR Manager  
Ms Simha Jastol, Corporate Communications Manager  
Ms Ho Huei Fang, Programme and Volunteer Executive

## Biography of Board Directors

### Ms Chew Poh Yim - Director and Chairman



Ms Chew Poh Yim founded the charity after she realised that there was a need for increased community support to reintegrate stroke survivors into society to ensure their well-being. With over 25 years in management, marketing and branding in the consumer and retail market, she is a supporter of community programmes that improve the lives of the elderly through collaboration with institutions such as the National University Health System of Singapore and People's Association. She currently sits on the Board of Trustees of SingHealth Foundation in Singapore and is a graduate of the University of Manchester Institute of Science and Technology, United Kingdom.

### Radm (Ret) Kwek Siew Jin - Director, Deputy Chairman and Chair of the Fund-Raising Committee



Radm (Ret) Kwek Siew Jin has over 20 years of experience in the social sector. His past appointments include his roles as the President of the National Council of Social Services (2006-2012), Chairman of the National Volunteer and Philanthropy Council (2005-2007) and Chairman of the Students Care Service (1996-2006). He currently serves on the Boards of the Singapore Anglican Community Services and the NTUC Foodfare Cooperative Ltd. Before this, he served the Republic of Singapore Navy for 27 years before moving to the civil service, serving as President of SMRT and later Singapore Power. Radm (Ret) Kwek has a degree in Electrical Engineering from the National University of Singapore.

### Mr Max Loh Khum Whai - Director, Treasurer and Chairman of the Finance Committee



Mr Max Loh brings with him 29 years of audit and business advisory experience, dealing with clients from a range of industries such as technology, manufacturing, trading and finance. He is responsible for financial statement audits and internal control reviews of listed companies, as well as acting as a reporting accountant for companies in Malaysia, Taiwan, Indonesia, Middle East and the People's Republic of China. He is currently an Exco member and the Audit Committee Chair of the Institute of Singapore Chartered Accountants, and board member and Audit Committee Chair of the Health Sciences Authority and Singapore Polytechnic. Mr Loh graduated from the National University of Singapore with Honours and is a Fellow member of the Institute of Singapore Chartered Accountants.

**Dr Kelvin Phua Cheng Pau - Director and Chairman of Programme & Services**



Dr Kelvin Phua is the Chief Operating Officer of SATA CommHealth. He is experienced in managing clinical programmes in the ILTC sector and is passionate about the rehabilitation of geriatric patients. He also served as a member of the Medical Advisory Board of the Agency of Integrated Care (2012 - 2015). Dr Phua graduated with a M.B.B.S. and M.M.E.D. (Family Medicine) from the National University of Singapore and attained the M.C.F.P and F.C.F.P in 2011

**Mr Chew Teck Soon - Director and Chair of Audit Committee**



Mr Chew Teck Soon is a retired audit partner of PricewaterhouseCoopers currently serving on the boards of social and nonsocial enterprises as a non-executive director. With nearly four decades of international auditing and accounting experience, he is experienced in business advising and management in areas of capital structures, strategies and risk, financial management and accounting, management training and corporate governance practice. He held several professional qualifications, which included Chartered Certified Accountant (ACCA) of the Association of Chartered Certified Accountants, UK, a Certified Information Systems Auditor of the EDP Auditors Association Inc, USA, and a Certified Public Accountant of the Institute of Certified Public Accountants, Singapore.

**Ms Low Suat Kheam - Director and Chair of Human Resource Committee**



Ms Low Suat Kheam spent six years as Vice-President for HR in Senoko Energy Pte Ltd, accumulating over 15 years' experience in human resource management. She has worked in a variety of roles, from communications to marketing and teaching, enabling her to appreciate the complexities of managing human capital and the challenges of managing human resource. She is the founder of her own consultancy company providing HR services to small and medium-sized enterprises. Ms Low graduated with a Bachelor of Arts from the National University of Singapore and a Master of Science in Business from Siviløkonomutdanning i Bodø, Norway.

**Ms Foo Sew Yen, Janet - Director**



Ms Foo Sew Yen Janet has 40 years of experience in the tourism industry with a specialisation in marketing and corporate event management for international clients. She founded her own events company servicing clients in the financial and information technology industries. An advocate of early parenthood, she is active on the board of I Love Children. She holds a Bachelor of Arts from Singapore Institute of Management.

**Dr Tan Hwee Pink - Director and Chair of Technology and Innovation Committee**



Dr Tan Hwee Pink is the current Associate Professor of Information Systems (Practice) at the Singapore Management University and the Academic Director of the SMU-TCS iCity Lab at SMU. He is responsible for leading a team of 10 technology and social science researchers to produce information on sustainable ageing-in-place, partnering with A\*STAR, TCS, government agencies and Voluntary Welfare Organizations. He is also a senior member of the IEEE and an Area Editor of the Elsevier Journal of Computer Networks. Dr Tan graduated from the Technion, Israel Institute of Technology, Israel with a Ph.D.

**Mr Yap Wai Ming - Director**



Mr Yap Wai Ming is a member of the audit committee and a partner at Morgan Lewis. He has over 30 years of experience in advising corporate clients on mergers and acquisitions, project finance and equity and debt capital markets and has an interest in the gaming and leisure business sectors. He also serves on the boards of a number of charities in Singapore, namely Ren Ci Hospital, the SingHealth Foundation, and Tan Tock Seng Hospital Community Charity Fund. He graduated from the National University of Singapore with an LLB with Honours and was admitted as an advocate and solicitor of the Supreme Court of Singapore and High Court of Malaysia.

## Corporate Governance

### Roles and Responsibilities of Board of Directors

The Board acts in the best interest of S3 with the aim for a better quality of life through specially crafted programmes to rebuild confidence and independence of stroke survivors.

It also ensures there are adequate resources for the operations, programmes and that such resources are effectively and efficiently managed. There are processes in place to ensure S3 complies with all applicable laws, rules and regulations. Also, S3 has in place an appropriate code of conduct, which upholds the core values of S3 and processes to ensure compliance with the code.

The Board delegates day-to-day management of S3 centre to S3's Centre Director. Initiation of new programmes and activities, changes in current programmes and significant transactions require the approval of the Board. The Board also reviews and approves the annual budget prepared by management. Board members are expected to avoid actual and perceived conflicts of interest.

Where Board members have a personal interest in business transactions or contracts that S3 may enter or have vested interest in other organisations that S3 has dealings with or is considering to enter joint ventures with, they are expected to declare such interests to the Board as soon as possible and abstain from discussion and decision-making on the matter. Where such conflicts exist, the Board will evaluate whether any potential conflicts of interest will affect the continuing independence of Board members and whether it is appropriate for the Board member to continue to remain on the Board.

The Board has also ensured that S3 complies with requirements in Financial Reporting Standards (FRS) and the Code of Governance for Charities and Institutions of a Public Character (IPCs).

### Composition of our Board of Directors

The Board strives to ensure that Board members, as a group, have core competencies in areas such as accounting and finance, management, medicine, strategic planning and technology and that it incorporates a degree of diversity. All Board members must be independent. Independence refers to not having any family, employment, business and other relationships with S3, any related companies or their officers that could interfere or be reasonably perceived to interfere, with the exercise of the Board member's independent judgment made in the best interest of S3.

In addition, other members of management are invited from time to time to attend and make presentations at Board meetings. The Board believes that to be effective, it should not be too large, while at the same time, ensuring that there are sufficient range and diversity of expertise and viewpoints. In light of regulations for charities and IPCs, the Board had nine members, as at the end of the financial year. Four board meetings have been held in the Year 2016 with a quorum of at least one-third of the Board. The meetings were held on 3 March 2016, 20 April 2016, 27 June 2016 and 16 November 2016.

## Key Corporate Governance

Initiatives S3 is committed to lawful and ethical behaviour in all our activities and requires that our Board members, employees, volunteers and consultants conduct themselves in a manner that complies with all applicable laws, regulations and internal policies.

S3 has a Whistle Blowing Policy and a Fraud Reporting Policy that provide employees and members of the public with accessible channels to the Chairman of the Board, the Chairman and members of the Audit & Risk Committee and the internal auditor (partner in charge) for reporting suspected fraud, corruption, dishonest practices or other similar matters. During the financial year, there was no complaint reported by employees.

## Risk Management Practices

S3 has imbued a culture of risk management being everyone's responsibility, and this is built into our processes. Starting with good governance, we established distinct roles of responsibility and accountability with clear, measurable outcomes. This allows good risk managed processes to be put in place. Such processes include enhanced personal data protection processes across the organisation and reliable business continuity plans that allow us to mitigate crises.

## Policy on Conflict of Interest

The Board has put in place a policy where all members of the Board, Sub-Committees, or staff when acting on behalf of the company, must ensure that the deliberations and decisions made are in the interest of the company. And the interest of the company is protected when entering a transaction, contract or arrangement.

All members of the board shall promptly and fully disclose, in accordance with the procedures laid down by the company, all interests (actual or potential) which could conflict with their duties and shall not in any way be involved in the transaction, or influence the outcome of the transaction.

The policy was reviewed during the financial year. As the policy remains relevant, no updates were required.

## Funding Sources

S3's main source of financial support is donations from foundations, corporate and individual donors as well as government project grants. Funds raised will be used to roll out S3's expansion and outreach plans, as well as to subsidise stroke survivors and their caregivers' participation in programmes, thereby helping them to rebuild their confidence and independence.

### *Government Grant*

Tote Board Community Healthcare Fund (TBCHF) has approved a grant to support 80% of the operating cost for the R.E.A.L programme for three years starting 01 August 2015. The grant shall only be utilised in accordance with the purpose established by TBCHF.



## Reserve Policy

S3 has a Reserve Policy to provide clarity in the Foundation's management of our reserves and assures stakeholders that we are well managed and have a strategy for building up reserves, that is, the unrestricted funds that are freely available for operating purposes to ensure long-term sustainability.

## Remuneration Declarations

None of our top three paid staff receives more than \$100,000 in annual remuneration each.

Board members and Committee members are volunteers and do not receive remuneration for their services.



# A Better Quality of Life for Stroke Survivors and Caregivers

S3 understands that every stroke survivor is unique and aims to cater its programme customised to their needs.

## R.E.A.L. (Re-Learn & Enjoy Active Living) Programme

RE-LEARN  
RE-INFORCE  
RE-INTEGRATE

S3 programmes help to maximise the recovery potential of stroke survivors. Members are encouraged and motivated to overcome these challenges.

**R.E.A.L** programme focuses on 3 core principles

1. **RE-LEARN**  
Stroke survivors firstly re-learn how to use their muscles and restore functional movement affected by the stroke.
2. **RE-INFORCE**  
Subsequently, the new function, movement and skills will be re-inforced until it becomes second nature.
3. **RE-INTEGRATE**  
Finally, translate these new skills learnt into daily life, which can range from returning to work to travelling with family members, around the world.

**R.E.A.L** is a 4-6 month programme which consists of core and enhanced programmes, graduated to suit the stroke survivor's needs, which are determined by clinical assessments.

The core programmes\* are group based training programmes that focus on

- Increasing mind-muscle connection
- Strengthening muscles and cardiovascular conditioning
- Increasing muscular flexibility and joint mobility
- Improving rhythm and coordination
- Enhancing memory and communication skills

\*Examples of core programmes;

- Mindfulness Awareness Practice
- Strength and Conditioning Training
- Group fitness, e.g. Tai Chi, Zumba and K-pop
- Adapted Sports and Games
- Brain training games and activities

Every stroke survivors' needs are different and may require enhanced programme which will further optimise their recovery.

All S3 members will be assessed upon joining S3 using the Individual Stroke Performance Assessment (ISPA), and every subsequent month thereafter to measure their progress and prepare them for reintegration back to the community.

### *Evidence-based*

S3 and NUHS/NUS work together in the collation of qualitative and quantitative data of stroke survivors and their caregivers. The data analytics helps S3 understand the real needs to allow the creation of programmes and education workshops to improve the quality of life for stroke survivors.

## Empowering the Community with Knowledge

**iEmpowerment** programme will equip the S3 members, their families, caregivers and S3 volunteers with knowledge which enables them to cope with the challenges of daily living. Programme participants will learn:

- how to take control of their circumstances,
- exercise power to achieve their goals, and
- help themselves and others to optimise their quality of life.

**iEmpowerment** Programme forms a practical approach where individuals are empowered with knowledge and skills to take control and manage oneself.

### Active Living Workshop (CDSMP + Mindfulness)

#### Chronic Disease Self-Management Programme (CDSMP)

The Chronic Disease Self-Management Program (CDSMP) - developed by Dr Kate Lorig at Stanford University - is an evidence-based program offered for two and a half hours, once a week, for six consecutive weeks. S3 conducts this programme in partnership with National University Hospital (NUH). CDSMP is offered in both English and Mandarin.

The six-week workshop covers techniques on how to deal with issues such as:

- frustration,
- fatigue,
- pain and isolation,
- appropriate exercise for maintaining and improving strength, flexibility & endurance,
- appropriate use of medications;
- communicating effectively with family, friends and health professionals,
- nutrition, and
- evaluation of new treatments.

CDSMP sessions are highly participative, with mutual support. In addition, CDSMP builds on the success of participants' confidence to manage their health and maintain active and fulfilling lives. An additional session includes an introductory into mindfulness

## Caring for the Caregivers

Caring for someone with stroke is often challenging. Their needs range from the physical, emotional and even spiritual – often questioning “Why me?” These needs often challenge caregivers past their energy levels causing them to feel frustrated, angry, and fearful as they care for their loved ones. If not well managed, this can lead to caregiver strain and burnout.

At S3, we focus on providing care not only for the stroke survivors but for their families, caregivers, domestic helpers and the stroke community as well.

### Support Community

During the sessions at S3, while our members are engaged in programmes & activities; caregivers are welcome to sit and have a drink with other caregivers, read a magazine or the newspaper or have a chat with each other or S3 staff and volunteers. This simple “break”, enables caregivers to have a breather, exchange ideas with other caregivers as well as to support each other.

### Empowering Through Education

S3 organises talks and workshops regularly, workshops such as Active Living Workshop, Caregivers-Stroke Survivors Communication Workshop as well as monthly lunchtime talks, to educate caregivers, volunteers and others with the knowledge and information about stroke, other chronic diseases as well as equipping participants with techniques to manage illnesses better. It also equips caregivers with coping skills, e.g. mindfulness awareness practice, exercise and other various self-care knowledge and skills.

### Group Support and Counselling Programme

Group support and counselling programme for caregivers to allow them to voice their challenges and share their concerns and experiences. It also aims to improve caregivers’ self-esteem.

### Social Events

S3 also organises social events during festive occasions to improve social connectedness between its members, caregivers and volunteers.

## Reminisce

### May 2016 - Official Opening of Stroke Support Station



HEALTH MINISTER, MR GAN (RIGHT) AND  
S3 CHAIRMAN MS TEO POH YIM (LEFT)



MR GAN PLANTING POMETIA PINNATA IN  
S3 HEALING GARDEN

Stroke Support Station (S3) officially opened the wellness centre dedicated to stroke survivors and their caregivers, the first-of-its-kind in Singapore, on 17 May 2016 by Health Minister, Mr Gan Kim Yong.

Recovery from stroke is a lifelong process. Here at S3, we provide socio-emotional and psychological needs for both stroke survivors and their caregivers. In Singapore, there are about 7,000 new stroke cases each year. Stroke is a serious medical

illness. But with advances in medical care and stroke treatment, more patients are likely to survive a stroke. However, many stroke survivors need help to regain their functions and re-integrate back into their daily lives.

Our R.E.A.L programme includes maintenance post-stroke fitness programme for body and mind, equipping stroke survivors with skills of daily living such as grocery shopping or preparing meals and Mindfulness Awareness Practice which helps build resilience. All these efforts help stroke survivors reintegrate into society and return to their normal activities as soon as possible. These programmes are developed by a team of experts from the medical community and are managed by staff and volunteers

### October 2016 - Charity Gala Dinner and Auction

To provide the financial support for our mission, we held a charity gala dinner at Marina Bay Sands, on 15 October.

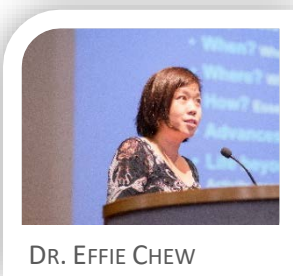
The event was attended by Principal Guest-of-Honour Mr Tharman Shanmugaratnam, Deputy Prime Minister & Coordinating Minister for Economic and Social Policies. Key Guests-of-Honour, Mr Ng Chee Meng, Acting Minister for Education (Schools) & Senior Minister of State for Ministry of

Transport and Mr Ong Ye Kung, Acting Minister for Education (Higher Education and Skills) & Senior Minister of State for Ministry of Defence. Other Guest of Honours included Mr Chee Hong Tat, Minister of State, Ministry of Health, Mr Charles Chong, Deputy Speaker & Member of Parliament for Punggol East and Mr Lee Yi Shyan, Member of Parliament for East Coast GRC.

We are heartened by the attendance and generosity of over a thousand supporters, including corporate partners, businesses and individual donors. The over \$1 million raised at the gala dinner not only provide the funding needed for the continuation of S3 programmes, it also uplifts the spirit of staff and volunteers who have been working tirelessly on S3's mission.



S3 CHARITY GALA DINNER



DR. EFFIE CHEW



DR. TAN XIN QUAN



DR ROGER HO

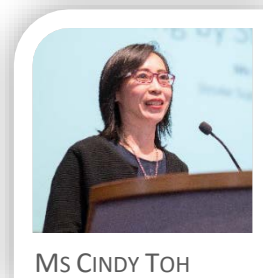
### November 2016 - Inaugural Stroke Awareness Public Forum & Campaign

In November 2016, S3 organised an inaugural Stroke Awareness Public Forum, working in collaboration with Health Promotion Board (HPB), the National University Health System (NUHS) and Singapore National Stroke Association (SNSA). Topics presented included, "Recognising a Stroke", "Preventing Stroke: Why Healthy Choices Make a Difference", "The Road to Recovery" and a sharing by our S3 member, Ms Anna Phua, and caregiver, Mrs Cindy Toh.

The event was held in conjunction with World Stroke Day. S3 partner with People's Association and NTUC FairPrice to launch S3's Act F.A.S.T Campaign, Stroke Awareness Campaign. The campaign tapped on traditional media channels, social media and printed posters to increase the awareness and knowledge of stroke awareness and to encourage timely action.



MS ANNA PHUA



MS CINDY TOH

## Financial Statement

### Board of Director's statement

In the opinion of the Board,

- a. the financial statements set out on the following pages are drawn up in accordance with the provision of the Singapore Charities Act, Chapter 37, (the "Charities Act") and Singapore Financial Reporting Standards to give a true and fair view of the financial position of Stroke Support Station (the "Company") as at 31 March 2017 and the financial performance, changes in funds and reserves and cash flows of the Company for the financial year then ended;
- b. at the date of this statement, there are reasonable grounds to believe that the Company will be able to pay its debts when they fall due;
- c. the accounting and other records required by the Act to be kept by the Company have been properly kept in accordance with the provisions of the Charities Act;
- d. the use of donation moneys is in accordance with the objectives of the Society as required under regulation 11 of the Charities (Institutions of a Public Character) Regulations, and the Company has complied with regulation 15 (Fund-raising expenses) of the Charities (Institutions of a Public Character) Regulations

**STATEMENT OF COMPREHENSIVE INCOME  
FOR THE FINANCIAL YEAR ENDED 31 MARCH 2017**

	01 April 2016 to 31 March 2017	02 February 2015 to 31 March 2016
	Total \$	Total \$
<b><u>Income</u></b>		
Voluntary income	320,455	280,517
Income from activities for generating funds	1,665,349	56,417
Income from charitable activities	312,043	128,197
Other income	4,940	1,499
<b>Total income</b>	<b>2,302,787</b>	<b>466,630</b>
<b><u>Expenditure</u></b>		
Cost of generating voluntary income	753	7
Cost of activities for generating funds	262,087	-
Governance costs	15,406	9,588
Operating and overhead expenses	211,990	87,206
Cost of charitable activities	152,543	81,709
Other expenses	56,839	18,863
<b>Total expenditure</b>	<b>699,618</b>	<b>197,373</b>
Surplus before tax	1,603,169	269,257
Taxation	-	-
Net surplus before transfer	1,603,169	269,257
<b>Net surplus for the year/period, representing total comprehensive income for the year/period</b>	<b>1,603,169</b>	<b>269,257</b>



**STATEMENT OF FINANCIAL POSITION  
AS AT 31 MARCH 2017**

	2017 \$	2016 \$
<b>ASSETS</b>		
<u>Non-current asset</u>		
Plant and equipment	126,806	154,047
<u>Current assets</u>		
Cash and cash equivalents	1,620,062	168,244
Other receivables	181,301	8,176
<b>Total assets</b>	<b>1,928,169</b>	<b>330,467</b>
<b>FUNDS</b>		
General Fund (Unrestricted)	1,832,426	229,257
Designated Fund	40,000	40,000
REAL Fund (Restricted)	-	-
<b>Total Funds</b>	<b>1,872,426</b>	<b>269,257</b>
<b>LIABILITIES</b>		
<u>Non-current liability</u>		
Deferred grants	15,544	19,713
<u>Current liabilities</u>		
Other payables	23,203	29,696
Deferred grants	16,996	11,801
<b>Total liabilities</b>	<b>55,743</b>	<b>61,210</b>
<b>Total funds and liabilities</b>	<b>1,928,169</b>	<b>330,467</b>

*The full set of audited financial statements is available at [www.S3.org.sg](http://www.S3.org.sg)*

## Get Involved

Connect with us on Facebook and YouTube for news and updates! Support us by spreading the word and advocating support for stroke survivors through your social networks.

### *Stroke Survivor's Right to a Meaningful Life*

We do not believe in giving up on stroke survivors.

S3 is committed to providing a conducive environment for all stroke survivors involved in their stroke recovery journey.

We believe that stroke survivors regardless of financial status should have access to S3 for their recovery.

## Volunteer

Whether you have extensive first-hand experience as a caregiver or have had a stroke, we welcome you to join us as a volunteer. It does not matter if you have little experience with caregiving as training will be provided. All you need is a willing heart to learn.

Every volunteer's journey is an important imprint on S3's canvas. Each volunteer has the opportunity to go beyond the call of duty, to stand out and make a difference.

There are several areas you can volunteer with us:

- Befriending
- Programme support
- Special projects
- Outreach
- Professionals

## Donate

We appeal to you to donate generously to S3, as your donation helps to subsidise stroke survivors and their caregivers' participation in programmes, thereby helping them to rebuild their confidence and independence.

Online Donation: [www.giving.sg/Stroke-Support-Station](http://www.giving.sg/Stroke-Support-Station)

Cheque Donation: Kindly issue a crossed cheque payable to "Stoke Support Station Ltd"

Mail the cheque to: Stroke Support Station Enabling Village,  
20 Lengkok Bahru, #01-04 Playground,  
Singapore 159053

*Tax Deduction Information:* As an approved Institution of a Public Character (IPC), donors are eligible to enjoy 2.5 times the amount of outright donations when more than S\$50 is donated to Stroke Support Station. Please provide your NRIC, FIN number or UEN number (for businesses) when you make donations to the IPCs to be given tax deductions on the donations.

IRAS will no longer accept claims for tax deduction based on donation receipts. Tax deductions for the donations will be automatically reflected in your tax assessments based on the information from the IPC. Tax-deductible receipts will be issued only upon request

*You can make a difference by creating a fundraising page*

Organise an event, be it be a birthday, festive occasions, weddings, turn the celebration into something more special. Ask your family, relatives and friends for something a little different other than presents and well wishes - support your fundraising campaign and donate to a meaningful cause.

If you are more creative, you may want to start your own whacky and fun campaign, like do a dare or something adventurous as part of your fundraising campaign (example: do a dance at the Merlion, a vertical marathon of 30 storeys, be silent for a week). You can start your version of famous Ice Bucket campaign too.

On Giving.sg, you could create campaigns to fundraise for us. Start an online fundraising campaign for us through NVPC's Giving.sg portal.



S3 VOLUNTEERS ACCOMPANYING STROKE SURVIVORS ON A TRIP TO BOTANIC GARDENS.

***“We do not believe in giving up on stroke survivors. Join us and make a difference.”***

## Acknowledgements

S3 would not have come this far without the support of our donors, charity partners, Board and Committee Members, so a heartfelt appreciation to everyone. It is going to be an exciting journey ahead we champion to increase stroke awareness & aftercare in Singapore. We look forward to your continued belief in us, to serve the growing number of stroke survivors and their families.

### Pioneer Donors

#### **Grand Pioneer Donor**

ToteBoard and Singapore Turf Club

#### **Pioneer Donors**

FairPrice Foundation

Tanoto Foundation

#### **Major Cash Donor**

Tan Chin Tuan Foundation

### S3 Partners

National University Health System

National University Hospital

### Major Donors 2016/17

Donors who have made outright contributions of \$30,000 and above from 1 April 2016 to 31 March 2017.

#### **Platinum Donors**

Loyang Tua Pek Kong

#### **Gold Donors**

OSIM International Ltd

Serial System Ltd

#### **Silver Donors**

Khoo Teck Puat Foundation

Hotel Properties Limited

Stephen T Riady

Michelle Sasson

Prihanto Sonejoto

Great Eastern Life Assurance Co Ltd

Singapore Technologies Engineering Ltd

To all our donors whose names are not listed, we would like to express our sincere gratitude and appreciation for your kind donations. Your donations have allowed the stroke survivors and their caregivers access to S3 support services and brought smiles, hope and warmth to their lives in their recovery journey.

We would like to thank our volunteers who with their respective domain knowledge, have given their time and expertise in the development of post-stroke programmes to meet the needs of stroke survivors and their caregivers. Our special thanks to all our S3 volunteers whose names are not listed but have equally contributed their time, warmth and friendship to the S3 members.

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