

ANNUAL REPORT
2019/2020

S3 | Stroke
Support
Station



WHEN
STROKE STRIKES
THE IMPOSSIBLE
IS POSSIBLE

When stroke strikes,
 life is shaken, the fear is real,
 hope is crushed,
 but with courage and determination,
 the impossible becomes possible.

We believe that stroke survivors have
 the tenacity and strength to rebuild
 their lives again.

CONTENTS

02	Chairman's Message	30	Volunteer Programmes
04	Board of Directors	31	Partnerships and Collaborations
06	Events	32	Corporate Governance
16	Real People	34	Financial Statement
20	R.E.A.L Programme	36	Corporate Information, Board Committee and Management Staff
23	Real Support	38	Future Plans
26	Real Impact		

REACHING STROKE SURVIVORS IN THE WEST OF SINGAPORE

2019 - 2020



FROM
372 TO 452
 STROKE
 SURVIVORS

FROM
429 TO 509
 CAREGIVERS

FROM
479 TO 537
 VOLUNTEERS

LAUNCH OF
ONE
 NEW
 PROGRAMME

CHAIRMAN'S MESSAGE



“S3 provides a model of holistic post-stroke care using integrated solutions which are person-centric, evidence-based and result-oriented, combining both conventional therapy with assistive technology to achieve the best outcome for each individual.”

Dear Supporters, Volunteers and Partners,

Stroke Support Station (S3) is a charity that was started to address the unmet post-stroke rehabilitation community care needs, so that stroke survivors can improve their quality of life and reintegrate into their family and community. S3 provides a model of holistic post-stroke care using integrated solutions which are person-centric, evidence-based and result-oriented, combining both conventional therapy with assistive technology to achieve the best outcome for each individual. We also place great importance to building the capacity, coping skills and mental well-being of stroke survivors and their caregivers to help them cope with the difficult stroke recovery journey.

Last year, the Charity worked towards being a provider of subsidised Community-based Services under the Ministry of Health Intermediate and Long-Term Care (ILTC) programme for the two S3 centres, the first being at Enabling Village.

The highlights for the year include the following;

Increase reach of Stroke Survivors

The second Stroke Rehabilitation Centre was opened at Jurong Point, expanding stroke rehabilitation services to residents in the Western region.

Improving Mobility using Exoskeletons

The Charity expanded technology-based solutions with the use of innovative technology such as the exoskeleton, to meet the needs of more stroke survivors, customising the programme for individuals to improve mobility outcome and help them regain their dignity and confidence.

Provider of subsidised Community-based ILTC Services

The Charity provided professional physiotherapy, occupational therapy, speech therapy and wellness group services for stroke survivors at very low and affordable cost.

Caregiver Support

We collaborated with partners like the Agency for Integrated Care (AIC) and hospitals to enhance and develop new solutions to meet the needs of caregivers in the community and to support them early, at a time when they require the most help.

We would like to thank donors and supporters for their generosity which helped made rehabilitation care and mental wellness accessible and affordable to the stroke community. Beneficiaries with financial difficulties were still unable to afford rehabilitation after subsidies and had to depend on donations from S3 donors in order to carry on with their holistic community care.

To our Board of Directors, committee members and partners, we would like to express our deep appreciation for your wise council and passion for S3's cause. Finally, to our staff and volunteers, your dedication makes a difference to the lives you touch.

Yours sincerely,

Chew Poh Yim
Director and Chairman
Stroke Support Station

BOARD OF DIRECTORS



Ms Chew Poh Yim

Director and Chairman



Ms Chang Hwee Nee

*Director and Deputy Chairman
(appointed on 1 April 2019)*



Mr Ling Tok Hong

*Director and Chairperson of
Technology and Innovation
Committee*



Mr Chew Teck Soon

*Director and Chairperson of
Audit Committee*



Mr Yap Wai Ming

*Director and Chairperson of
Nomination Committee*



**Ms Ang Lian Choo,
Anne**

*Director, Treasurer and
Chairperson of Finance
Committee*



**Dr Phua Cheng Pau,
Kelvin**

*Director and Chairperson of
Programmes and Services
Committee*



**Ms Foo Sew Yen,
Janet**

*Director and Chairperson
of Fund-Raising and
Communications Committee*



**Dr Ahmad Bin
Mohamed Magad**

*Director and Deputy
Chairperson of Programmes
and Services Committee
(appointed on 1 April 2019)*



**Mr Ling Ping Chih,
Leonard**

*Director and Chairperson of
Human Resources Committee
(appointed on 1 October 2019)*



Ms Low Suat Kheam

*Director and Chairperson of
Human Resources Committee
(retired on 30 September 2019)*

1

We Care, We Share Special Occasions & Celebrations



Technology as an Enabler of Care

Launch of exoskeleton technology in community-based rehabilitation for seniors

The pilot was sponsored by Temasek Foundation Cares (TFC) with the objective to improve rehabilitation outcomes of stroke survivors with mobility challenges. S3 is one of the community partners. Mr Richard Magnus, Chairman of TFC, Ms Woon Saet Nyoon, Chief Executive Officer of TFC, and Ms Chew Poh Yim, Chairman of S3 attended the event on 6 May 2019.

The benefits of training with exoskeleton are firstly, to train weight-bearing, weight-shifting, stepping and balance. Secondly, it helps stroke survivors achieve a higher intensity of gait training from 50-100 steps with conventional rehabilitation to more than 500 steps with an exoskeleton.

Opening of the Second S3 Stroke Rehabilitation Centre at Jurong Point

S3 at Jurong Point was officially opened by Mr Desmond Lee, Minister for Social and Family Development and Second Minister for National Development on 28 May 2019. The second centre with its larger space was necessary to meet the growing needs of the stroke community so that more will be able to receive adequate community post stroke rehabilitation care.



2

Build Friendships and Social Connectedness



National Day Celebration

Members of S3 were treated to a celebratory outing to the Singapore Flyer on 26 August 2019, as part of the nation's 54th birthday celebration. The event was sponsored and co-organised courtesy of S3's esteemed corporate partner, DCA Architects Pte Ltd, and hosted by S3 Board Directors Mr Chew Teck Soon and Mrs Janet Chong. Through the unwavering efforts of their Managing Director, Mr Vincent Koo, as well as the company's 50 staff members, the event was a success and went a long way in ensuring that our stroke survivors and caregivers enjoyed a day of fun and cheer.



Thank You Volunteers

It was an evening of fun, camaraderie, and gratitude at the S3's annual Volunteer Appreciation Night. The event was hosted by board director Mr Yap Wai Ming, to acknowledge and pay tribute to 50 volunteers for their time, support and contribution towards stroke survivors and caregivers. Attendees were also encouraged to participate in games and activities like 'Superhero Dress Up' contest, building bonds between volunteers and staff.



Year-End Get Together

In a small community that bonds through a shared experience, building social connectedness is key to establishing a spirit of community. Our year-end event is one of many such experiences where volunteers and staff are empowered to organise a fitting send off to the year. The event was a collaborative effort that fostered a sense of warm fellowship while we celebrated the fruitful moments of the year. Stroke survivors, caregivers, volunteers and staff enjoyed the camaraderie of being together. The event was hosted by board director Dr Ahmad Magad.

3

Rehabilitation in the Community



Gardens by the Bay

Stroke rehabilitation in the community forms an integral part of the stroke survivor's recovery journey. At the Gardens by the Bay, stroke survivors were taught to use their five senses to relax and appreciate the Flower Dome, while engaging in physical exercises to boost recovery in both body and mind. On the way to the Cloud Forest, the stroke survivors were encouraged to see how fast they were able to walk in a 6-minute walk test. The event was sponsored by RGE Pte Ltd on 11 November 2019.

4

Stepping Up, Reaching Out Community Outreach Programmes

World Stroke Day

In commemoration of World Stroke Day on 29 October 2019, S3 organised several activities throughout the month to raise awareness about the growing number of stroke cases in Singapore and the challenges faced by stroke survivors and their caregivers. The community outreach initiatives focused on increasing awareness of the various symptoms of stroke, the importance of early assistance and preventative methods.

Stroke Awareness and Prevention Roadshow

The Guest of Honour for the annual event was Dr Amy Khor, Senior Minister of State, Ministry of the Environment and Water Resources and Ministry of Health. She was hosted by S3 Director, Dr Kelvin Phua, and shared a message on stroke prevention through early detection and the importance of maintaining a healthy lifestyle.

"Rehabilitation is important as it optimises functional recovery and enables stroke survivors to transit back to their homes and work successfully," she said.

Besides educational booths, activities and sharing sessions from volunteers, stroke survivors and caregivers, the roadshow was also an opportunity to showcase several stroke rehabilitation solutions. The integration of mobility devices like exoskeleton suits, physical exercises and holistic programmes will support the mental well-being of stroke survivors and boost their recovery, enabling them to reintegrate into the community and improve their quality of life.

We would like to thank Stroke Services Improvement (SSI) and South West Community Development Council, for supporting the event held on 19 October 2019 at Jurong Point Shopping Centre.



EVENTS



A Special Day at the Istana

President Halimah Yacob hosted S3 beneficiaries at the Istana on World Stroke Day (29 Oct 2019), to help raise awareness about the stroke community in Singapore. Stroke survivors were led by NParks volunteers on a guided tour exploring various parts of the Istana's gardens.

After the garden tour, the group adjourned to the Banquet Hall to participate in finger art painting to present to President Halimah. The event then concluded with the S3 Chopsticks Challenge, where President Halimah and S3 board members showed their support for the stroke community.

Youths and Seniors Learn About Stroke

S3 participated in several outreach and stroke awareness events throughout the year. Held at several venues including Yuhua Community Club, ITE College Central, Singapore University of Social Sciences (SUSS), Singapore Institute of Technology (SIT) and Lombard Odier, these events provided information to the public about stroke and lifestyle changes necessary to prevent a stroke incident.

S3's post-stroke holistic rehabilitation services were also publicised to highlight our specialised approach to recovery. Through talks conducted by S3's staff at Alexandra Hospital, stroke survivors and caregivers were able to understand more about the stroke recovery journey and how to navigate the landscape of post-stroke community care.



5

Enabling our efforts with resources

Fund-Raising

We can only serve our beneficiaries with the strong support of our community and donors.



Thank You Sheng Siong Group Ltd

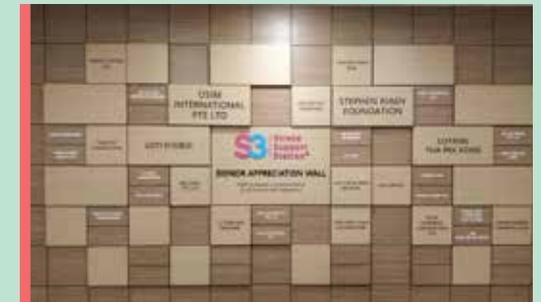
The "S3 Chopsticks Challenge" campaign is a social media challenge where participants had to post photos and videos of themselves using chopsticks to pick up marbles with their non-dominant hand. The difficulty of such a task would allow the participants to understand the challenges that stroke survivors face in re-learning skills.

The social media campaign attracted hundreds of people posting photos and videos of themselves doing the challenge. Sheng Siong Group Ltd supported the campaign and donated five dollars for every social media post.



Thank You Donors

The opening of our second (2nd) stroke support centre, is only possible with the generous donations received. We are grateful to all our donors who believe in our cause and this enables us to continue serving and helping stroke survivors and caregivers in their recovery journey.



REAL PEOPLE

Everything changes in the stroke of a moment for a stroke survivor. Their body changes, their emotions become uncontrollable, and they cannot express their frustrations or joy. They want life to return to normal, but the struggle to get there seems too daunting.

We believe that stroke survivors have the resilience and courage to face these challenges. And they are not alone in fighting the uphill battle on the road to recovery.

Together, let's rebuild lives
by walking together
through these struggles.



ROAD TO RECOVERY

When she was in her late 30s, Karen Koh suffered a stroke suddenly. It was devastating and life-changing for her.

"I didn't know that I suffered a stroke until my husband informed me. My family wondered why I suffered a stroke since I was leading an active lifestyle," said Karen, when she recalled the first moments she woke up from the stroke.

During the early stages of her recovery, Karen was not able to come to terms with her condition and went through a phase of emotional turmoil. She did not want to attend therapy treatments and was depressed about the future.

With the loving support of her family, Karen's emotions and confidence improved. She started attending therapy and worked hard to rebuild her life. Through the Walk@S3 programme, Karen gradually improved her stability and endurance. Now, she can walk more independently and has regained the ability to change her walking direction – something which is difficult for many stroke survivors.

Karen is grateful for the support of donors that enabled stroke survivors to access the therapy facilities at S3. Her greatest wish now, is to recover well enough to find a job and also get involved in voluntary work.

“
Having faith in myself
that I can gradually
recover keeps me going.
”

Karen Koh
Stroke Survivor
46 years old



R.E.A.L PROGRAMME

RE-LEARN AND ENJOY ACTIVE LIVING

The Re-Learn and Enjoy Active Living (R.E.A.L.) Programme is a holistic post-stroke care programme using integrated solutions, which are person-centric, evidence-based and result-oriented, combining both conventional and assistive technology to achieve the best outcome for each stroke survivor.



Mental

Mindfulness Awareness Practice builds mental resilience, and helps to better manage anxiety.

Cognitive training activities enhance memory, focus, attention and language skills.



Physical

Conditioning training, together with adaptive sports and games, builds strength, improves coordination and increases joint mobility and flexibility.



Social Emotional

The learning of self-care and daily living skills, such as grocery shopping, preparing meals and taking the public transport, boosts communication confidence and encourages independence.



R.E.A.L THERAPY

S3 physiotherapy and occupational therapy services help stroke survivors in their physical, mental and emotional recovery, while preparing them with coping skills to regain their independence and reintegrate into family and community life.

S3 therapists are licensed by the Allied Health Professions Council (AHPC) and stroke survivors are all assessed before they are recommended customised one-on-one and / or group sessions.



R.E.A.L WELLNESS

S3 wellness classes complement therapy services to provide stroke survivors with a holistic recovery journey. Wellness classes such as Chair Yoga Fitness and other activities encourage fitness training, general strengthening, cognitive stimulation and communication. Through these classes, social connectedness is strengthened among stroke survivors, caregivers, family members and volunteers.

R.E.A.L CARE - CAREGIVER PROGRAMMES



Counselling

Support for caregivers are provided by social workers through counselling, using attentive listening and cognitive empathy methods. This ensures that caregivers have someone to turn to if they experience stress or depression while taking care of their loved ones.



Referral Services

Relevant information, such as links to other organisations and resources, is provided for caregivers. This empowers them to support their loved ones through the stroke recovery journey. During therapy and wellness sessions, caregivers can also gain a time of respite as stroke survivors are being taken care by the therapists.



REAL SUPPORT

The challenge of caregiving is overwhelming. There is so much to do, and caregivers are often at a loss when their loved ones return home from the hospital. That's where we come in to provide support through knowledge sharing and encouragement.

Together, let's revive relationships through real support.

GRATEFUL FOR SMALL BLESSINGS

Thamil Arusu's brother, Selvaraju Karuppaya (Raju) was 50 years old when he got a stroke. It was a time of great difficulty for their entire family as Arusu's father was just diagnosed with stage 4 cancer.

With his father and brother both enduring critical conditions, it became a painful and draining period for Arusu as he had to make many sacrifices to support them. However, Arusu knew that both of his loved ones depended on him to tide through their health crisis. He persevered and supported them as best as he could, physically, mentally and emotionally.

Fortunately, Arusu's sister-in law, nephews and nieces are with him on his caregiving journey. Arusu believes that their support and S3's rehabilitative programmes empowered Raju and motivated him to work towards his recovery goals. Through his consistent and steady efforts in the Walk@S3 Programme, Raju's mobility has also seen significant improvement, and has made Arusu hopeful for his brother's future.

Being involved in caregiving responsibilities has allowed Arusu to view the world differently. Though it is not easy, observing how stroke survivors from different walks of life strive beyond their difficulties to recover has touched him immensely. It also changed his own outlook towards life, giving him a sense of gratitude, positivity and deep appreciation.

“ When I was informed that my brother suffered a stroke, I was in a state of complete shock and denial. That was when I understood the severity of a life-threatening stroke. ”

Thamil Arusu
Caregiver
50 years old





REAL IMPACT

Our volunteers are integral to the work that we do.

Their passion paves a pathway for us to offer better services to our clients. Together with our dedicated staff, they form the hands and feet of S3, extended onto the ground and into the community. With every additional hand onboard, the work we do can go deeper, so that its impact can grow wider.

Together, let's extend our reach through real impact.

SERVING STROKE SURVIVORS WITH DEDICATION

When Lynn Leong was introduced to S3, she was excited yet apprehensive. Giving back to society is an initiative close to her heart, but volunteering with S3 was different from what she had encountered before. However, with the guidance from S3's staff, Lynn eventually gained confidence to support stroke survivors during their sessions.

Besides helping people and making a difference in their lives, volunteering in S3 brought Lynn opportunities to expand her social circle. The various programmes and activities allow Lynn to forge close bonds with stroke survivors, caregivers, staff and volunteers. Wherever she goes, the supportive and nurturing environment in S3 is a motivating factor for her to keep coming back.

S3's volunteer programme also taught Lynn important facts about stroke, and equipped her with the skills to help people in need and inspire them with her knowledge. She is thankful for the opportunity to witness the positive impact that she brings to their recovery journey.

“

I visualise and practise the exercise movements at home so that I can better help stroke survivors.

Lynn Leong
Volunteer

”



VOLUNTEER PROGRAMMES

Volunteers are integral to the success of our programmes. Every volunteer is greatly valued and will undergo induction and orientation workshops to ensure their comfort and confidence on the job. During the training, volunteers gain insights about stroke and learn more about stroke awareness and prevention. In the past year, a total of five workshops were conducted.

Volunteerism means taking up a hands-on and practical approach. Volunteers will have a chance to undergo personalised training from physiotherapists on supportive methods and assistance for stroke survivors during therapy and wellness sessions.



PARTNERSHIPS AND COLLABORATIONS

Community Support is our Strongest Building Block

We are honoured to belong to a community of organisations that share a common belief in delivering appropriate and quality post-stroke care.



Service-based

Support and guide stroke survivors during programmes and activity-based restorative exercises, as well as communication and cognition sessions to aid stroke survivors in reaching their maximum recovery potential.



Skill-based

Registered physiotherapists, occupational, and speech therapists can use their professional knowledge to support stroke survivors in their area of expertise.



Event-based

Volunteers can assist in event organisation, photography, excursion support, and facilitating festive celebrations to bond with, bring joy, and provide moral support for stroke survivors on their recovery journey.

CORPORATE GOVERNANCE

Roles and Responsibilities of Board of Directors

The Board acts in the best interest of S3 and exercises independent judgement. The Board makes sure that the charity is run well, so that the charity would continue to be effective, credible and sustainable.

The Board is supported by eight (8) Board committees overseeing key areas. Each committee is chaired by a member of the Board and is guided by their respective terms of reference approved by the Board:

- (i) Audit Committee
- (ii) Finance Committee
- (iii) Fund-Raising and Communications Committee
- (iv) Human Resources Committee
- (v) Nomination Committee
- (vi)(a) Programmes and Services Committee
(amalgamated to be Programme, Services and Innovation Committee with effect from 1 April 2020)
- (vi)(b) Technology and Innovation Committee
(amalgamated to be Programme, Services and Innovation Committee with effect from 1 April 2020)
- (vii) Community Outreach and Volunteer Engagement Committee
(with effect from 1 April 2020)
- (viii) Investment Committee
(with effect from 1 April 2020)

The committees ensure that there are adequate resources for the operations and programmes, and resources are effectively managed. They set out processes to ensure S3 complies with all applicable rules and regulations, including requirements of Financial Reporting Standards (FRS) and the Code of Governance for Charities and Institutions of a Public Character.

Meetings of the Board of Directors in Financial Year 2019/2020

No.	Name of Directors	Attendance
1	Ms Chew Poh Yim <i>Director and Chairman</i>	2 out of 2
2	Ms Chang Hwee Nee <i>Director and Deputy Chairman</i>	2 out of 2
3	Ms Ang Lian Choo, Anne <i>Director, Treasurer and Chairperson of Finance Committee</i>	2 out of 2
4	Mr Chew Teck Soon <i>Director and Chairperson of the Audit Committee</i>	2 out of 2
5	Ms Foo Sew Yen, Janet <i>Director and Chairperson of Fund-Raising and Communications Committee</i>	2 out of 2
6	Dr Phua Cheng Pau, Kelvin (Kelvin Pan Zhengbao) <i>Director and Chairperson of Programme and Services Committee</i>	2 out of 2
7	Mr Ling Tok Hong <i>Director and Chairperson of Technology and Innovation Committee</i>	2 out of 2
8	Mr Yap Wai Ming <i>Director and Chairperson of Nomination Committee</i>	1 out of 2
9	Dr Ahmad Bin Mohamed Magad <i>Director and Deputy Chairperson of Programmes and Services Committee</i>	2 out of 2
10	Mr Ling Ping Chih, Leonard <i>Director and Chairperson of Human Resources Committee</i> (with effect from 1 Oct 2019)	0 out of 1 (1 board meeting during Mr Ling's tenure)
11	Ms Low Suat Kheam <i>Director and Chairperson of Human Resources Committee</i> (retired on 30 Sept 2019)	0 out of 1 (1 board meeting during Ms Low's tenure)

Composition of Board of Directors

The Board strives to ensure diversity, with board members having core competencies in accounting, finance, management, legal, human resources, fund-raising, communications, strategic planning, technology and relevant sectoral knowledge (health, medical, rehabilitation, and social services).

Two(2) new directors were appointed:
 (1) Mr Ling Ping Chih, Leonard
 Director & Chairperson of Human Resources Committee (with effect from 1 Oct 2019)
 (2) Dr Khoo Cheng Hoe, Andrew
 Director (with effect from 1 April 2020)

Key Corporate Governance

S3 is committed to lawful and ethical behaviour in all activities and requires that our board members, employees, volunteers, advisors and consultants comply with all applicable laws, regulations, and internal policies in their conduct.

Whistle Blowing Policy

To maintain good governance, S3 has a Whistle Blowing Policy that provides employees and members of the public with accessible channels to the Board, represented by the Chairs of Audit and Human Resources Committee. During the financial year, there was no complaint reported.

Risk Management Practices

The Board has instituted that Chairs of the respective Board Committees be responsible for the risk management and mitigation of their respective domain area of risks.

Policy on Conflict of Interest

S3 has documented procedures set in place for Board members and staff to declare actual or potential conflicts of interest to the Board at the earliest opportunity.

All members of the Board are to promptly and fully disclose, in accordance with the procedures laid down, all interests that could conflict with their duties and shall not in any way be involved

in the transaction or influence the outcome of the transaction.

The declaration of conflict of interest is done at a frequency as mandated. Where a conflict of interest arises at a Board meeting, the Board member concerned is expected not to vote on the matter, nor participate in its discussions.

Funding Sources

S3's main source of financial support comes from donations from foundations, corporations, individual donors, as well as government project grants and subventions.

Government Grant

Tote Board Community Healthcare Fund (TBCHF) has approved a grant to support 80% of the operating cost for the R.E.A.L. programme for three years, which started on 1 August 2015. The grant was extended to January 2020, to be utilised in accordance with the purpose established by TBCHF.

Ministry of Health (MOH) subvention for Intermediate and Long-Term Care (ILTC) Services

The Company qualified on 31 March 2019 (Enabling Village centre) and 1 October 2019 (Jurong Point centre) as an approved provider for subsidised Community-Based Services such as physiotherapy, occupational therapy and mental wellness sessions for stroke survivors with the aim to restore, improve and prevent the worsening of functional abilities through customised programmes and exercises.

2-Year Reserve Policy

The Company has a policy to set aside a reserve fund to cover operating costs projected for the next two years.

Remuneration Declarations

The number of staff with annual remuneration exceeding \$100,000 is one (1).

Board and committee members are volunteers, and they do not receive any remuneration or fee for their services.

STATEMENT OF COMPREHENSIVE INCOME

For the financial year ended 31 March 2020

	1 April 2019 to 31 March 2020	1 April 2018 to 31 March 2019
	Total	Total
	\$	\$
Income		
Voluntary income	1,820,149	1,059,472
Income from fund generating activities	0	2,430,510
Income from charitable activities	1,878,509	803,536
Other income	52,260	11,965
Total Income	3,750,918	4,305,483
Expenditure		
Cost of generating voluntary income	495	1,218
Cost of fund generating activities	0	60,672
Governance costs	19,457	20,627
Operating and overhead expenses	628,723	601,007
Cost of charitable activities	919,808	422,386
Other expenses	375,783	53,544
Finance cost	12,585	0
Total expenditure	1,956,851	1,159,454
Surplus before tax	1,794,067	3,146,029
Taxation	-	-
Net surplus for the year, representing total comprehensive income for the year	1,794,067	3,146,029

STATEMENT OF FINANCIAL POSITION

As at 31 March 2020

	2020	2019
	\$	\$
ASSETS		
Non-current asset		
Property, plant and equipment	1,215,818	479,264
Current assets		
Cash and cash equivalents	4,517,709	4,339,562
Other receivables	3,478,109	528,707
Total assets	9,211,636	5,347,533
FUNDS		
Unrestricted Fund		
General Fund	6,354,521	4,438,846
Designated Fund	495,415	620,000
Restricted Fund		
REAL Fund	-	-
CST Fund	-	-
Total Funds	6,849,936	5,058,846
LIABILITIES		
Non-current liability		
Lease liabilities	165,382	
Deferred grants	335,110	37,955
Current liabilities		
Lease liabilities	85,436	
Deffered grants	1,668,707	43,340
Other payables	107,065	207,392
Total liabilities	2,361,700	288,687
Total funds and liabilities	9,211,636	5,347,533

The full set of audited financial statements is available at www.S3.org.sg

CORPORATE INFORMATION

Type of Entity

Company Limited by Guarantee

Unique Entity Number (UEN): 201503222G

Date of Establishment

02 Feb 2015

Sector Administrator

Ministry of Health

Charity Status

Registered

Date of Registration

11 March 2015

IPC Status

From 15/06/16 to 14/06/21

National Council of Social Service (NCSS) Membership

Full Member

Date of Registration

1 June 2015

Registered Address

One Marina Boulevard
1 Marina Boulevard
#28-00
Singapore 018989

S3 Headquarters & First Centre

Enabling Village
20 Lengkok Bahru
#01-04 Playground
Singapore 159053
Tel: 6473 3500

S3 Second Centre

1 Jurong West Central 2
#06-01 Community Hub
Jurong Point Shopping Centre
Singapore 648886
Tel: 6256 7129

Banker

DBS Bank
United Overseas Bank

Auditor

Precursor Assurance PAC

Internal Auditor

Ernst & Young LLP

BOARD COMMITTEE

Audit Committee

Mr Chew Teck Soon
Chairperson

Mr Yap Wai Ming

Dr Phua Cheng Pau, Kelvin

Finance Committee

Ms Ang Lian Choo, Anne
Chairperson

Mr Chan Yoke Kai

Mr Loh Khum Whai, Max

Human Resources Committee

Ms Low Suat Kheam
Chairperson
(retired on 30 Sep 2019)
Member
(with effect from 01 Oct 2019)

Mr Ling Ping Chih, Leonard
Chairperson
(with effect from 1 Oct 2019)
Member(retired on 30 Sept 2019)

Ms Nott Cheryl Edna Xueli
(with effect from 20 Jul 2019)

Fund-Raising & Communications Committee

Ms Foo Sew Yen, Janet
Chairperson

Mr Ling Tok Hong

Ms Michelle Lim
Co-Chairperson
(with effect from 2 Jan 2020)

Ms Lim Swee Lin, Caroline
Co-Chairperson
(retired on 30 Sep 2019)

Mr Tan Tze Hui, Daniel
(retired on 30 Sep 2019)

Dr Michael Lim
Advisor

Mr Yang Tse Pin
Advisor

Programmes and Services Committee

Dr Phua Cheng Pau, Kelvin
Chairperson

Dr Ahmad Bin Mohamed Magad
Deputy Chairperson

Ms Lye Hsiew Ling, Lena
Medical Social Worker

Ms Carolina Edna Png
Physiotherapist

Ms Siti Zubaidah Yusoff
Occupational Therapist

Ms Tan Shin Yi, Joanna
Physiotherapist

Dr Effie Chew
Medical Advisor

Dr Wong Chiang Yin
Medical Advisor

Nomination Committee

Mr Yap Wai Ming
Chairperson

Mr Chew Teck Soon

Ms Chew Poh Yim

Ms Chang Hwee Nee

Technology & Innovation Committee

Mr Ling Tok Hong
Chairperson

Mr Woon Shung Toon
(with effect from 12 Sep 2019)

Mr Teo Boon Cheng, Randy
(retired on 31 March 2020)

ACKNOWLEDGEMENTS

We are grateful to our donors, advisors, consultants, volunteers, and programme and development support management for giving their time and expertise to the stroke community.

Major Donors (\$210,000-\$50,000)

Anonymous
Pontiac Land Group
Anonymous
Anonymous
LOTI Metropolis Pte Ltd
Progressive Education Foundation Ltd
Loyang Tua Pek Kong
Ho Che Fei
Mok Siew Cher
Anonymous
Tan Eng Hwa, Mae
Anonymous

S3 FairPrice Foundation Mobility Assistance Subsidy (\$40,000)

NTUC FairPrice Foundation Limited

Fundraising Organising Committee: Advisors

Dr Michael Lim
Mr Yang Tse Pin

Medical Advisors

Dr Effie Chew
Dr Wong Chiang Yin

Professional Corporate and Legal Services

Allen & Gledhill LLP
Mr Chan Hian Young
Ms Teo Wei Wei, Kamille
Ms Lim Libin, Nora

Programme Partners

Ekso Bionics (Asia) Pte Ltd
Dr Matthew Chua (NUS-ISS)
Dr Tim Xu (SIT)

Outreach Partners

SATA Commhealth

Platinum Volunteers (100 Hours)

Chiu Lay Eng, Christine
Daniel McCluskey
Goh Hui Ping
Goh Joo Lee
Indrawati Leonardi Lau Fie Ing
Lee Chee Ling
Leong Yoke Ying, Lynn
Liezl Delfin De Guzman
May Lee
Neo Mui Eng
See Wee Jin, Shawn
Wong Ah Kheng

Gold Volunteers (48 Hours)

Boey Ann Ying, Allison Faustina
Chavda Parimal Arvindbhai
Cheong Kah Shian, Michael
Chew Yuen Nghoh, Helen
Leow Li Jie, Darren
Mohamed Shafiq Bin Mohamed Sahib
Ng Sai Kiow
Ng Sun Eeg
Raquel Gochioco
Seah Lian Huat, Timothy
Tan Ai Hia, Lena
Tan Kay Hoe
Teo Kee Khoon
Wong Lay Kiow, Regina
Yap Chuan Ping
Yu Ning
Yvonne Kimman

MANAGEMENT STAFF

Mr Ben Yeo
Executive Director

Ms Chia Sok Hoon
Senior Manager, Finance & Admin

Ms Alexis Lau
Head, Rehabilitation & Wellness

Ms Ho Huei Fang
Social Worker

Ms Kristy Wong
Manager, Marketing & Communications

Ms Lynn Wee
Executive, Volunteer Management

FUTURE PLANS

With **20 new strokes** every day and **7,500 new strokes** every year, stroke is now the **#1** cause of long-term physical disability in Singapore, making the share of total burden of disease from cerebrovascular diseases including stroke **#1** among all diseases in Singapore. **80%** of stroke survivors also do not continue with their rehabilitation*.

To increase the capacity of post-stroke rehabilitation holistic services by S3, and to meet the expected rise in the "incidence of stroke cases", there is a necessity to increase the number of centres in the heartlands, and bring our services closer to the homes of stroke survivors.

The second S3 Centre at Jurong Point was opened in May 2019 to serve the community in the West. We thank all supporters and donors who have made this possible.

Being an IPC registered charity, S3's programmes aim to remain accessible and affordable to help the stroke community in Singapore have a better quality of life.

S3 continues to work with partners and medical institutions to leverage on new advancements in technology and methodologies and explores innovative ways to serve the unmet needs of stroke survivors.

*Singapore Stroke Registry Report 2016



Volunteer

A small act of kindness can go a long way. We welcome organisations and individuals who are passionate about helping stroke survivors re-integrate into the community. You can make a difference!

These are areas you can lend your skills and talents to:

- Befriending
- Programme Support
- Special Projects
- Outreach & Events Management
- Professional Services

Find out how you can help by writing to us at:

volunteer@s3.org.sg

or visit www.s3.org.sg/join-us



Donate

Your donation will provide heavy subsidies for stroke survivors with financial difficulties, giving them access to rehabilitation at low or no cost. Donations will be matched dollar-for-dollar by the Community Silver Trust (CST) Fund, managed by the Agency for Integrated Care, under the Ministry of Health. Stroke Support Station is a charity as well as an approved Institution of a Public Character (IPC) and donations are tax deductible.

Cheque donation:

Please issue a crossed cheque payable to "Stroke Support Station" and mail to:
Stroke Support Station
Enabling Village
20 Lengkok Bahru
#01-04 Playground
Singapore 159053

Tax Exemption Information:

As an approved Institution of a Public Character (IPC), donors enjoy tax exemption when more than \$50 is donated to Stroke Support Station. Please provide your NRIC, FIN number or UEN number to be eligible for a 250% tax deduction. Your details will be submitted to the Inland Revenue Authority of Singapore (IRAS) and the tax-deductible donation information will be automatically included in your income tax assessment.



Online/GIRO donation:

<https://www.giving.sg/stroke-support-station>



PayNow donation:

Please use your iBanking app to scan the QR code or PayNow to UEN 201503222G. In the UEN Bill/Reference Number, please write: DONATE and your CONTACT NUMBER.

Stroke Support Station (S3)
is the first and only wellness centre
that is dedicated to meeting
the needs of post-stroke care
in Singapore.

We aim to be the primary organisation for stroke survivors, caregivers, volunteers, professionals and the public, in providing innovative programmes, as well as support services, education, and training.

As a non-profit organisation, our programmes are volunteer-led and co-created with medical professionals and therapists across the relevant disciplines to help stroke survivors rebuild their confidence and regain independence.

We are committed to walking the journey from post-discharge to dignified living with every stroke survivor and their caregiver, with care and compassion.

S3 Headquarters

Enabling Village
20 Lengkok Bahru
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Singapore 159053

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